

WCBS BLUE LIFESTYLE MINUTE

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Loving and Learning with Pasta. I'm Anthony Dias Blue with the Blue Lifestyle Minute sponsored by CUISINART. Travel memoirs were all the rage a few years ago, and it's a shame that the genre is no longer getting the attention it deserves. For those of us desk-side who long to learn about cultures and food, there is no better way to learn. I'm particularly fond of **Beyond the Pasta: Recipes, Language & Life with an Italian Family**, a book from author and traveler Mark Leslie. From Alabama, Leslie quickly grew enamored with Viterbo in Tuscany after a short trip in 2001. He returned in 2005 to the arms of Nonna, an Italian grandmother who imparted wisdom and culture on the appreciative author. The journal-style writing is delightful, and recipes mouthwatering. **Beyond the Pasta** is available now from Gemelli Press, in bookstores and online for \$33. I'm Anthony Dias Blue sponsored by CUISINART - fine small appliances and cookware. Visit CUISINART.COM and follow me on TWITTER. This is the Blue Lifestyle Minute on WCBS 880.