

KABC BLUE LIFESTYLE MINUTE

Thursday, October 21st, 2010

Loving and Learning with Pasta. I'm Anthony Dias Blue with the Blue Lifestyle Minute sponsored by CUISINART. Travel memoirs were all the rage a few years ago, and it's a shame that the genre is no longer getting the attention it deserves. For those of us desk-side who long to learn about cultures and food, there is no better way. I'm particularly fond of **Beyond the Pasta: Recipes, Language & Life with an Italian Family**, a book from author and traveler Mark Leslie. From Alabama, Leslie quickly grew enamored of Viterbo in Tuscany after a short trip in 2001. He returned in 2005 to the arms of Nonna, an Italian grandmother who imparted wisdom and culture to the appreciative author. The journal-style writing is delightful, and recipes basic and exceptional. **Beyond the Pasta** is available now from Gemelli Press, in bookstores and online for \$33. Mangia! I'm Anthony Dias Blue sponsored by CUISINART - fine small appliances and cookware. Visit CUISINART.COM and follow me on TWITTER. This is the Blue Lifestyle Minute on Talk Radio 790 KABC.